

**PreventingCrashes Facilitator Notes**  
**Jo Albers**  
**CONFIDENTIAL**

**Supplies Required**

<ul style="list-style-type: none"><li>• Choking mannikin</li><li>• Candy bag</li></ul>	consider <ul style="list-style-type: none"><li>• CPR mannikin</li><li>• Training bag-valve-mask</li><li>• Sheet to cover mannikin</li></ul>
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**Resident background:**

Jo is a 44 yo who is in the waiting room, eating a snack. S/he is healthy, and is here to assess new onset knee pain.

**To start the scenario:**

The facilitator should be wearing the Choking mannikin. The scenario may start with banging on a chair or waving arms; the facilitator should not be making any noise by mouth.

**Case Progression – Jo Albers**

Stage and Situation	First Responder Actions	Team Actions
<i>Recognize choking</i>	<input type="checkbox"/> ask patient to cough <input type="checkbox"/> reassure patient <input type="checkbox"/> call for help <input type="checkbox"/> begin back blows and abdominal thrusts	
<i>Obstruction dislodged</i>  Or	<input type="checkbox"/> monitor and reassure	
<i>Loss of consciousness</i>  (bring mannikin to scene)	<input type="checkbox"/> lower patient to floor <input type="checkbox"/> ask colleague to call 911 <input type="checkbox"/> head tilt/jaw thrust <input type="checkbox"/> attempt ventilation <input type="checkbox"/> begin chest compressions	<input type="checkbox"/> monitor vitals <input type="checkbox"/> obtain BVM
<i>Obstruction dislodged</i>	<input type="checkbox"/> check mouth for debris after 30 compressions <input type="checkbox"/> remove foreign body	<input type="checkbox"/> monitor vitals, support as needed