

PreventingCrashes Facilitator Notes
Tom Harley
CONFIDENTIAL

Background (for facilitators only):

Tom has fallen from his bike and sustained an arterial bleed of his arm.

Supplies Required

<ul style="list-style-type: none">● Bike helmet● Old shirt● +/- tarp to protect floor● Arterial bleeding moulage device	<p>First aid kit</p> <ul style="list-style-type: none">● Gloves● Gauze● Trauma shears● Tourniquet (commercial or improvised)
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Information for Actor (Tom Harley):

You have fallen from you bike and sustained a major injury to your arm. This is quite painful, and you are worried about all the blood coming from the injury.

You have no allergies and take no medications. You are healthy. You ate a sandwich 1h ago.

To share with first responder:

You are walking through the woods and have come upon some teenagers who are doing jumps on their bikes. As you continue on your walk, you hear a scream behind you.

Case Progression – Tom Harley

Stage and Situation	First responder actions
<i>Actor on ground</i>	<input type="checkbox"/> scene survey <input type="checkbox"/> introduction <input type="checkbox"/> instill confidence <input type="checkbox"/> C-spine precautions <input type="checkbox"/> don gloves <input type="checkbox"/> Airway, Breathing check <input type="checkbox"/> Circulation check <input type="checkbox"/> recognize severity; call 911
<i>Hemorrhage control</i>	<input type="checkbox"/> expose injury <input type="checkbox"/> gauze pressure <input type="checkbox"/> tourniquet application
<i>Continue survey</i>	<input type="checkbox"/> disability check <input type="checkbox"/> blood sweep of body <input type="checkbox"/> reassess ABC
<i>EMS arrives</i>	<input type="checkbox"/> effective handover