

**PreventingCrashes Facilitator Notes**  
**Mel LaBlanche ( cardiac arrest )**  
**CONFIDENTIAL**

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**Background (for facilitators only):** Ms LaBlanche is a 88 year-old woman admitted last night with heart failure. She has been short of breath all morning.

Her nurse checks on her and finds her unresponsive.

**Supplies Required**

<ul style="list-style-type: none"><li>● IV and oxygen supplies</li><li>● crash cart</li><li>● simulators: IV, CPR mannikin</li></ul>	
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**To share with primary nurse:** Mel LaBlanche is a 88 year-old woman admitted last night for heart failure. She has a past history of myocardial infarction, (2010), COPD, type II diabetes.

She has been short of breath all morning, requiring increased levels of oxygen.

Her vitals this morning were pulse 96, BP 124/88, RR 18, sats 88% on 4L, afebrile.

You are checking on her routinely.

**Case Progression – Mel LaBlanche**

<b>Situation</b>	<b>RN/RPN Actions</b>	<b>MD Actions</b>
<p><i>primary nurse arrives</i> no response, no pulse</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> yell for help</li> <li><input type="checkbox"/> pull code alarm</li> <li><input type="checkbox"/> begin compressions</li> </ul>	
<p><i>nursing staff assist</i></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> good delegation</li> <li><input type="checkbox"/> good communication</li> <li><input type="checkbox"/> documentation, time keeping</li> <li><input type="checkbox"/> ID code status</li>   <li><input type="checkbox"/> ensure IV access</li> <li><input type="checkbox"/> apply oxygen</li>   <li><input type="checkbox"/> get crash cart</li> <li><input type="checkbox"/> apply pads</li> <li><input type="checkbox"/> attempt AED mode</li> </ul>	
<p><i>doctor arrives</i> ventricular fibrillation on monitor</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> quality compressions</li> <li><input type="checkbox"/> minimal disruption</li>   <li><input type="checkbox"/> quality bagging</li>   <li><input type="checkbox"/> prepare medications</li>   <li><input type="checkbox"/> assess nurse fatigue</li> <li><input type="checkbox"/> call family</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> leadership</li> <li><input type="checkbox"/> communication</li> <li><input type="checkbox"/> confirm code status</li>   <li><input type="checkbox"/> summarize</li> <li><input type="checkbox"/> focused history and exam</li> <li><input type="checkbox"/> has reference tool available</li>   <li><input type="checkbox"/> analyze rhythm</li> <li><input type="checkbox"/> shock, minimal disruptions</li> <li><input type="checkbox"/> epinephrine</li>   <li><input type="checkbox"/> identify ddx</li> <li><input type="checkbox"/> labs</li> </ul>
<p><i>As you see fit</i></p>		<ul style="list-style-type: none"> <li><input type="checkbox"/> appropriate care according to algorithm</li> </ul>